

INDIRA GANDHI NATIONAL OPEN UNIVERSITY (IGNOU)**Details of Extension & Outreach Programmes Organised**

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| Period | 1st July 2014 to 30th June 2019 |
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| Name of Regional Centre : | ITANAGAR | Regional Centre Code : 03 |
|----------------------------------|-----------------|----------------------------------|

Regional Centre Address: Hornbill Complex, C - Sector
Naharlagun, Arunachal Pradesh

Phone No 0360 - 2247538, 2351705, 2247536

Email id rcitanagar@ignou.ac.in

| S. No. | Name of the activity | Name of Organizing Unit/Agency/ Colloborating Agency | Year of Activity | No of Learners Participated in such activites |
|---------------|--|---|-------------------------|--|
| 1 | Inter University Debate competition | | 2014 | 85 |
| 2 | Legal Awareness programme on Women Empowerment in 21st century | Arunachal Pradesh State Legal Service Authority | 2017 | 120 |
| 3 | Yoga for good health on International Yoga Day | Art of Living | 2017 | 70 |
| 4 | Yoga for good health on International Yoga Day | Art of Living | 2018 | 70 |